

Dromore Central February Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5/02/18	Steak Burger or Chicken Fried Rice Mash, Bakers, Pasta, Curry Sauce, Gravy, Salad Bar Fruit Muffin	Oven Baked Sausages or Chicken Crumble, Mash, Pasta, Bakers, Beans, GravySalad Bar, Flakemeal Biscuit	Roast Chicken & Stuffing Carrots & Gravy Mash & Baked Pot Salad Bar Strawberry Jelly	Homemade Pizza or BBQ Chicken Baguette Chips/Mash/Scorn Red Sauce/Salad Bar Ice Cream Tub	Fresh Fish in Breadcrumbs or Pasta Bolognaise Peas, Mash, Bakers, Pasta, Gravy Chocolate Cookie
Week Two 12/02/18	Chicken Curry & Rice with Naan Bread or Steak Burger Sweetcorn & Gravy Mash/Salad Bar Strawberry Cookie	Shepherd's Pie or Grilled Bacon Mixed Vegetables Gravy,Mash,Bakers Salad Bar, Pasta Shortbread Biscuit	Party Day Cocktail Sausages or Chicken Wrap and Chips Served in a Party Bag Red Sauce Chocolate Muffin	MID TERM BREAK	MID TERM BREAK
Week Three 19/02/18	MID TERM BREAK	Fish Fingers or Hot Chicken Baguette, Savory Herb Diced Potatoes, Peas, Gravy Yoghurt	Roast Chicken & Stuffing, Roast & Mashed Potato, Baton Carrots, Gravy Strawberry Jelly	Homemade Pizza or Macaroni Cheese Chips, Mash, Sweetcorn Red Sauce, Salad Bar Ice Cream Tub	Homemade Chicken Soup with Crusty Bread Hotdog or Tuna Roll Flakemeal Biscuit
Week Four 26/02/18	Chicken Nuggets or Tuna Wrap, Sweetcorn, Gravy Mash, Bakers, Pasta Salad Bar Yoghurt	Oven Baked Sausages or Shepherd's Pie Baked Beans or Salad Bar, Mash, Gravy, Pasta Fruit Cookie	Roast Pork & Stuffing Gravy, Cabbage Roast & Mashed Potatoes Salad Bar Strawberry Jelly	Homemade Pizza or Lasagna, Healthy Garlic Bread, Chips, Mash, Broccoli, Red Sauce Ice Cream Tub	Fish Fingers or Chicken Curry & Rice, Mash, Peas, Gravy Chocolate Muffin

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance